



# GCYAA Basketball Registration Form

## 2021/2022 Registration #

League Use Only

Player Name	Last Name	First Name	Middle Initial
Birthdate	/ /	Grade for 2021/22 School Year	
What School Do You Attend _____			
Emergency Contact Name	_____	Phone #	_____

Address _____	
City _____	Zip _____
Parent 1 _____	Cell Phone _____
Email _____	
Parent 2 _____	Cell Phone _____
Email _____	

**All Payments Are Due at Registration And Are Non-Refundable.**

**\*\*Parent Signature** \_\_\_\_\_

League Use Only

School ID Verified	<input type="checkbox"/>	Check #	<input type="text"/>
Concussion Form	<input type="checkbox"/>	Cash	<input type="checkbox"/>
Code of Conduct	<input type="checkbox"/>	Credit	<input type="checkbox"/>
Parent Code of Conduct	<input type="checkbox"/>	Contact Info Complete	<input type="checkbox"/>

# PARENT & ATHLETE CONCUSSION INFORMATION SHEET



## WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

## WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

## DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

## SYMPTOMS REPORTED BY ATHLETE:

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

## SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

[ INSERT YOUR LOGO ]

▶ **"IT'S BETTER TO MISS ONE GAME  
THAN THE WHOLE SEASON"**

## CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

## WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

## WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

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STUDENT-ATHLETE NAME PRINTED

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STUDENT-ATHLETE NAME SIGNED

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DATE

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PARENT OR GUARDIAN NAME PRINTED

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PARENT OR GUARDIAN NAME SIGNED

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DATE

JOIN THE CONVERSATION  [www.facebook.com/CDCHeadsUp](http://www.facebook.com/CDCHeadsUp)

FOR MORE INFORMATION >> [WWW.CDC.GOV/CONCUSSION](http://WWW.CDC.GOV/CONCUSSION)

Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).



HEADS UP

# GCYAA

Garden City Youth Athletic Association  
*"Kids in Sports Not in Trouble"*

## **Player Code of Conduct**

1. I will attend all practices and games. If for any reason I cannot attend I will let my coach know.
2. I will respect all coaches and do as they ask. I understand that they come from a place of experience and want to help me become the best I can be.
3. I will not use profanity, drugs, alcohol or tobacco. I will always set a good example and represent my team and GCYAA with class. I understand that how I behave and present myself will reflect either positively or negatively on my parents, teammates, coaches and GCYAA.
4. I will practice good sportsmanship before, during and after games. I will appreciate the good play of my teammates and our opponents and remain humble during my shining moments.
5. I will treat all opposing players, coaches and fans with respect. The only difference between us is that they are pulling for the other side.
6. I will respect decisions made by the officials. I cannot change their decisions, and I recognize my reaction may reflect poorly on both me and my team. I understand just as sometimes I miss a shot a referee may miss a call.
7. I will handle winning with class and losing with grace. A player's true character is shown in handling both winning and losing with similar reflection and appreciation.
8. I will never quit. No matter the score, I will always give my best. My teammates and coach deserve nothing less.
9. I will respect the facilities we are provided for practices and games. I will not damage equipment, I will clean up when we're done and I will treat it as I would my home. I understand that there will be ZERO TOLERANCE of rough housing, vandalism, wandering, running halls and going in places not designated for players. I will be mindful and respectful of the janitors, workers and volunteers. I agree that any violation should result in a warning, being ejected from a game, or being removed from the program.
10. I will never throw a ball or other equipment in anger. Not only is this unsafe, but it is a selfish display of poor self-control and bad sportsmanship.
11. I will practice self-control, setting a positive example for others. I will not get down on myself when things aren't going my way and will lift my teammates up.
14. I will always support and encourage my teammates. I will be helpful and courteous, treating my teammates the way I would want to be treated.
15. I will learn from my mistakes. I will make mistakes, but I will use them as opportunities to learn.

**(PLEASE SIGN THE ATTACHED SIGNATURE PAGE. RETAIN THIS PAGE FOR YOUR REFERENCE)**

# GCYAA

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I will always do my best to follow the "Player Code of Conduct" that I received and reviewed with my parents. My coaches, parents and I understand that I am not perfect, but repeated violations can and will impact my ability to play in GCYAA. Depending on the severity and frequency of my infractions, I may see less playing time, miss full games or not be allowed to play for GCYAA.

These rules aren't meant to scare me. These are rules I embrace to help me become a better player, teammate and person.

I understand these rules, and I will do my best to always represent my parents, teammates, coaches and GCYAA in a manner that will make them proud.

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PLAYER Name

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PLAYER Signature

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PARENT Signature – I have reviewed and explained these rules with my player.

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DATE

# GCYAA

Garden City Youth Athletic Association

*"Kids in Sports Not in Trouble"*

## Parent Code of Conduct

Parents play an import role in the development of a successful basketball player. Parents MUST be a positive influence in the basketball experience. **If at any time a parent or spectator violates this code of conduct they will immediately be removed and will have to attend a meeting with commissioner and or board member before they may attend any further events.**

Parents:

1. Encouraging good sportsmanship by demonstrating positive support for all players, coaches, volunteers and officials at every game, practice, or team function.
2. You will not enter the court during a game, scrimmage, or practice unless otherwise asked to do so by the coach.
3. **You will not verbally or physically abuse, confront, taunt, harass, or demean a coach, athlete, opposing athlete, another parent, volunteer or a referee at any time. There will be NO USE OF PROFANITY AT ANY TIME! There will be no warning you will be immediately banned from ALL games!**
4. You are responsible for your players behavior. If he or she violates his or her player contract they will sit for the remainder of the current game and for the full following game.
5. You understand that parents cannot coach their child or other athletes from the sideline or anywhere else during scrimmages, practices, or games. You are there to cheer them on and support them only! Any parent overheard encouraging bad sportsmanship or physical harm to another player will immediately be removed from the program along with their player. They will need to attend a board meeting to be reinstated into GCYAA.
6. You will make every effort to allow your child to attend all practices, games, and team functions. You will need to call in or e-mail the coach to inform him or her that your child will not be in attendance. Regularly missing practices or games may impact your childs play time.
7. **You will abide by the "24 hour rule" which means not speaking to your coach, the referees, or any volunteers about the game within 24 hours after the game.** After the "24 hour rule", you may call the coach and/or email the commissioner. Once the commissioner reviews your email he/she will follow up with you either via phone or email.
8. **Regarding social media –**
  - a. Do not post negative comments or pictures regarding players, coaches, referees, other parents or volunteers.
  - b. Use of profanity, threatening comments, insults of coaches, players or officials on any GCYAA page is strictly prohibited.
  - c. Comments posted that can be construed as harassment or bullying will not be tolerated.
  - d. Failure to comply with these guidelines may result in any or all of the below at GCYAA Commissioner or GCYAA Boards discretion;
    - i. Removal of posts
    - ii. Being blocked from GCYAA pages
    - iii. Removal from the program

**(PLEASE SIGN THE ATTACHED SIGNATURE PAGE. RETAIN THIS PAGE FOR YOUR REFERENCE)**

# **G**CYAA

Garden City Youth Athletic Association  
*"Kids in Sports Not in Trouble"*

Player Name: _____
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## **GCYAA Basketball Parent Contract**

By signing below, you acknowledge that you have read and agree to the Parent Code of Conduct and any breach of this contract could result in suspension or removal from GCYAA. You agree that any spectators you bring with you will also adhere to the contract or they will no longer be allowed to attend. You understand that the removal of any suspension will require a meeting and approval from the commissioner and any removal from GCYAA will require approval of the Board.

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Parent Name (print)	Parent Signature	Date

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Parent Name (print)	Parent Signature	Date